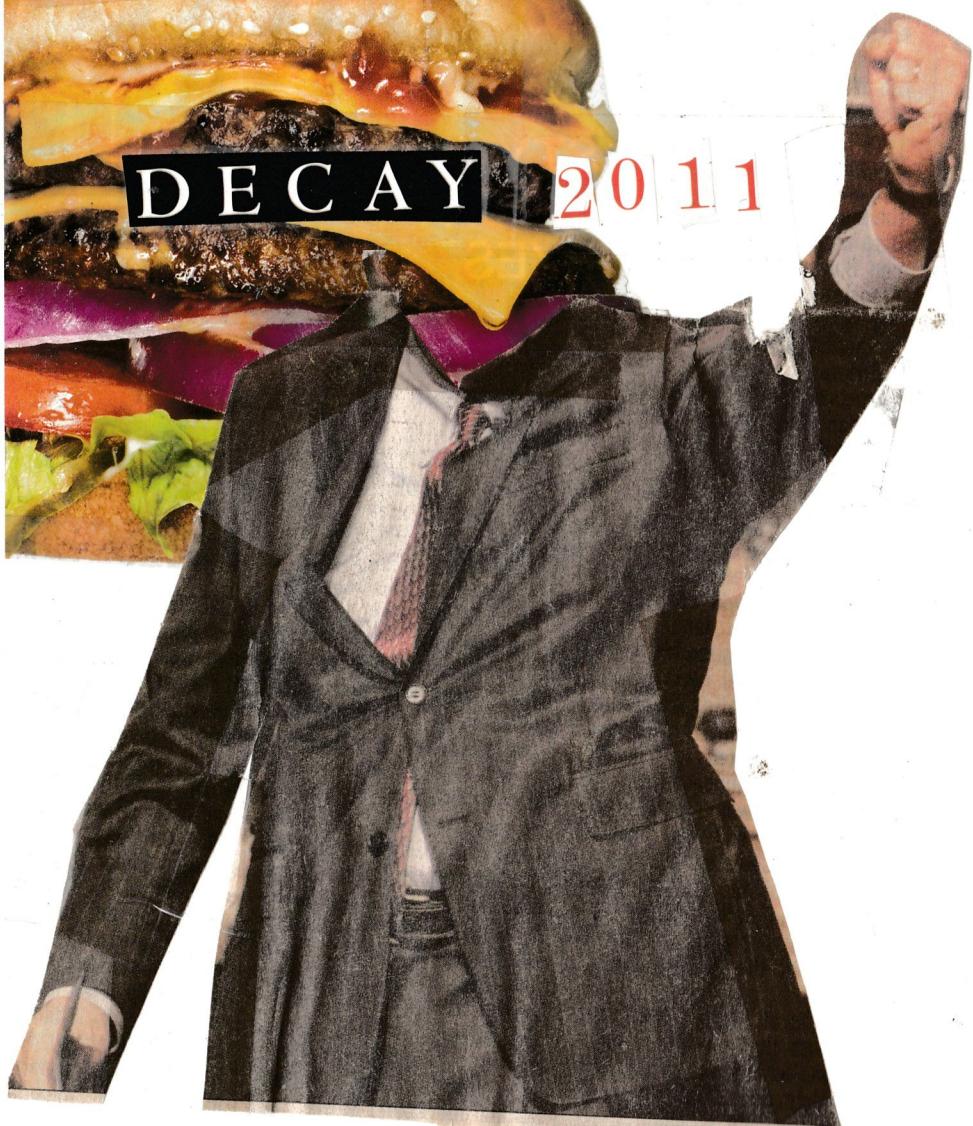
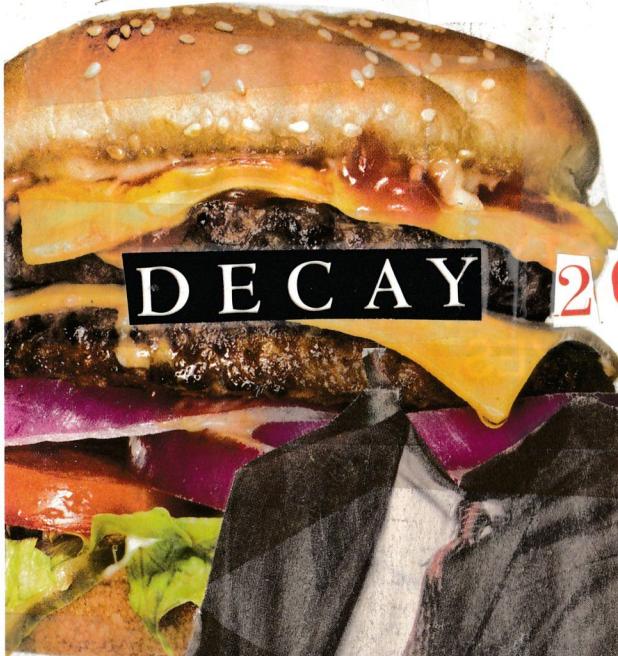


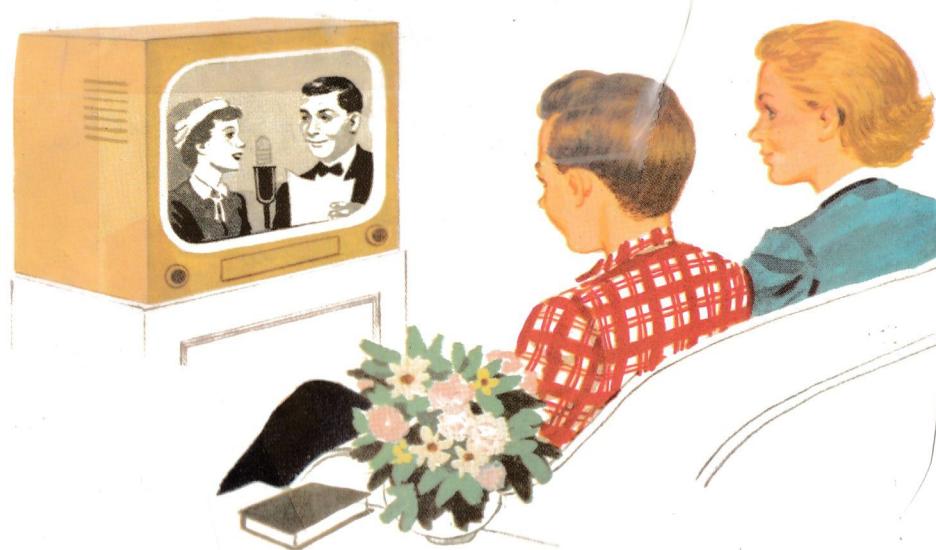
FE BRUARY NEW HEARTS NEW BONES #3

A WINTER TREAT

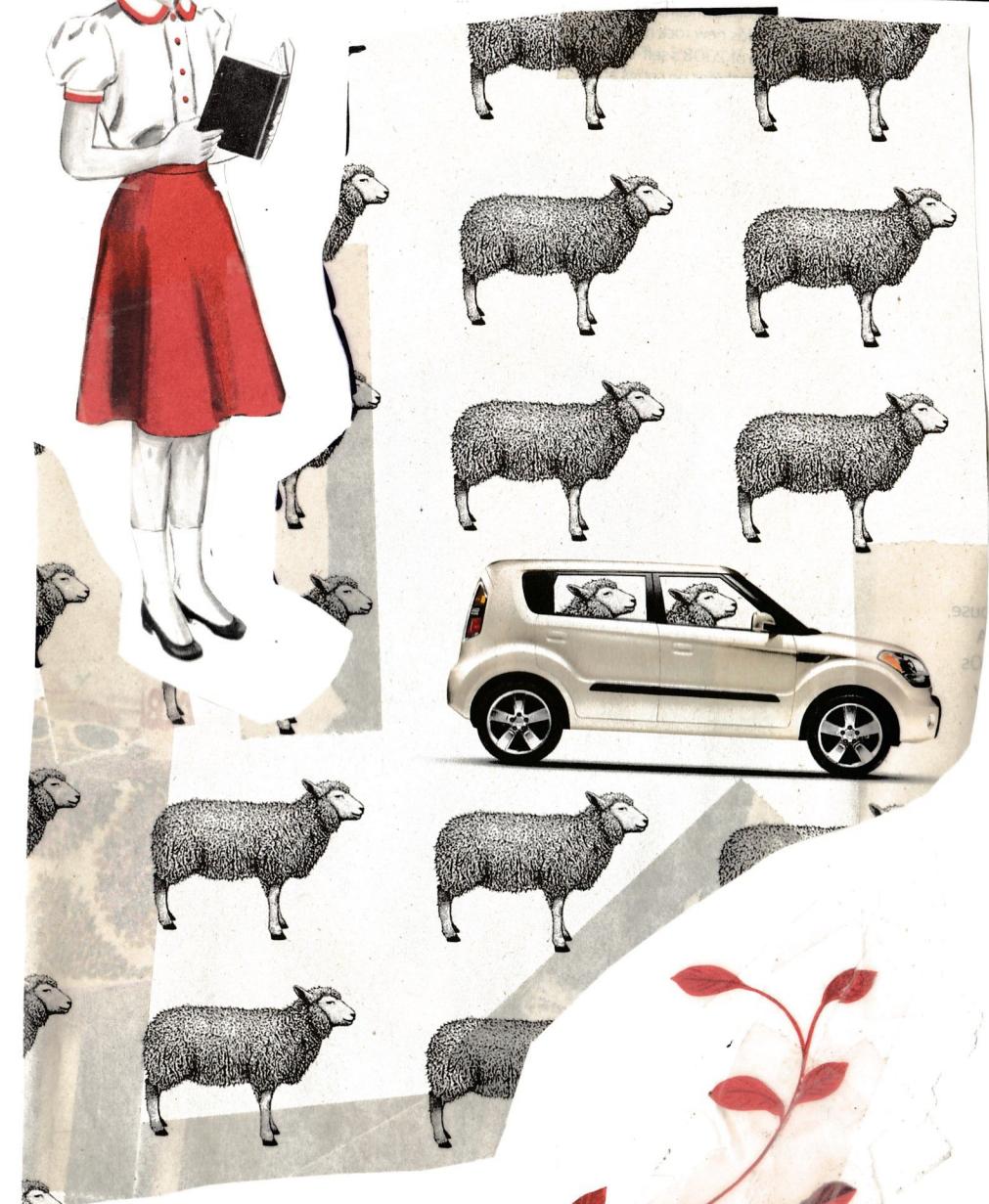
DECAY 2011

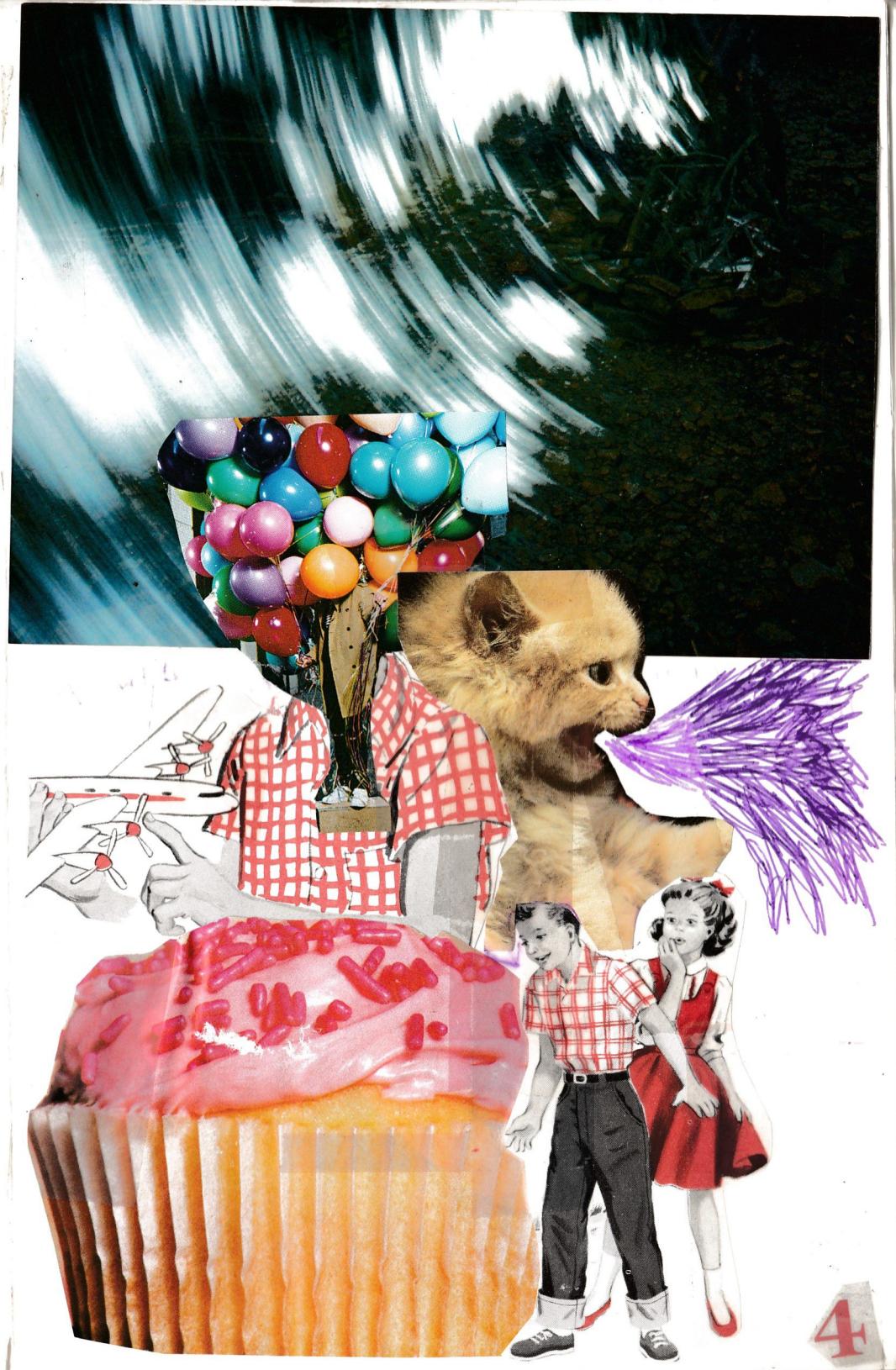


WHEN A TV CAN ADJUST TO A  
DIFFERENCE IN LIGHT, LIFE'S GOOD.



# Feed Your Head





I AM TRYING TO GET OUT OF THE CAGE IS ME THIS IS THE WORST REALIZATION I HAVE EVER HAD.

★ "when panic grips your body / and your heart's a hummingbird / Raven thoughts blacken your mind Till you're breathing in reverse All your friends and sedatives mean well But make it worse / Every Reassurance just magnifies the doubt / Better find yourself a place to level out.

Gota cricket for a conscience - Always looks the other way / A cocaine soul stark steeming like An empty cabaret - Hey, where have all the dancers gone? Now, the music doesn't play

Tried to listen to the river but I couldn't shut my mouth Better take a little time to level out"

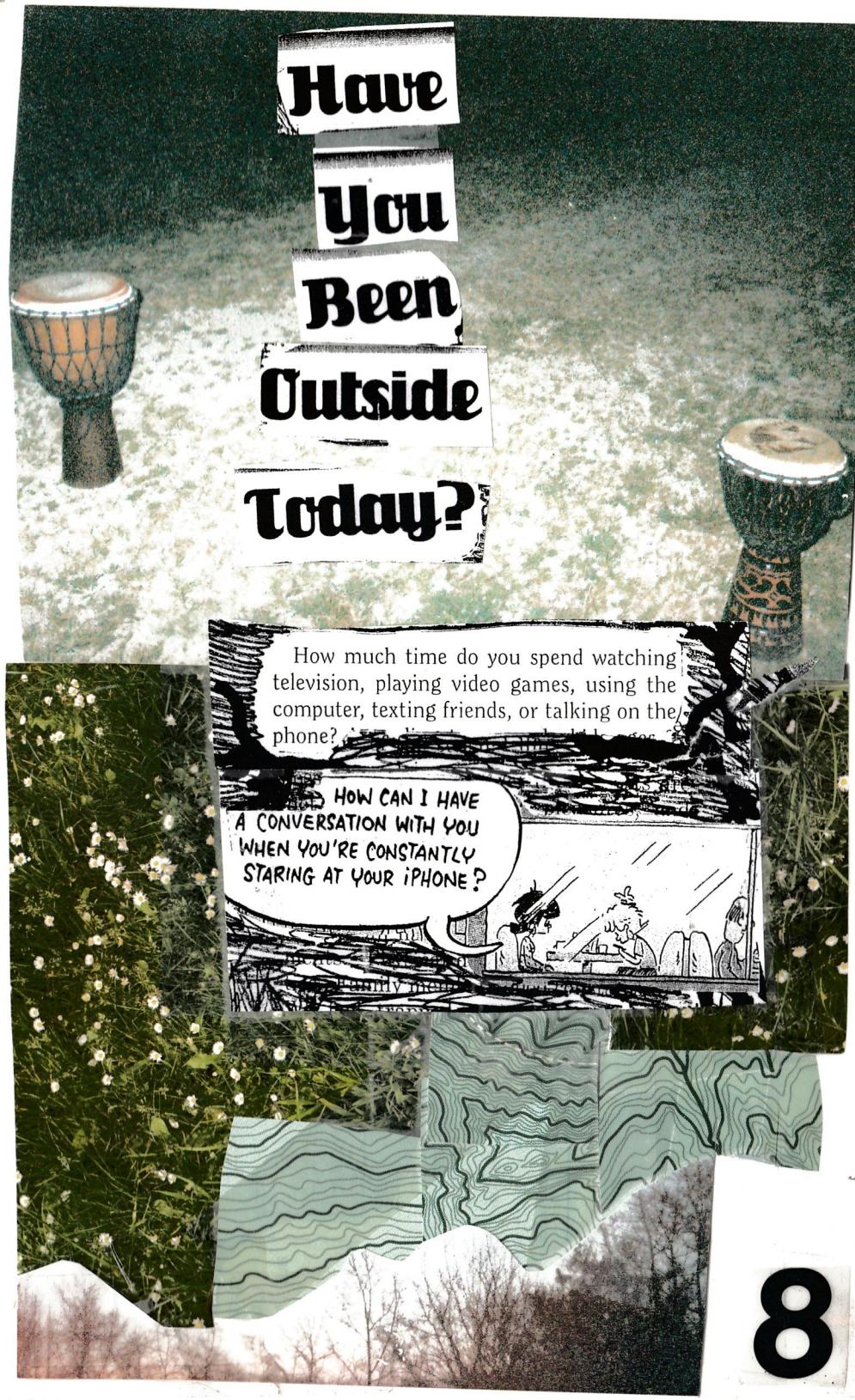
"JUST GIVE ME SOME MORE"



"No quiet it's mother heaven nor space, it's just high / And the sun around the moon looks like light and love / Neither of which I get enough of - down there where a lot of people lie, in a deep sleep / And months on end go by, in a single week-down there / But much too slow

Can't You See I'm trying so hard to plug up this hole / The air is running out we're sinking much too low"

"I DONT CARE ABOUT YOU ANYMORE  
I DONT CARE ABOUT YOU TRY  
NOT TO THINK ABOUT YOU I DONT  
CARE ABOUT YOU ANYMORE TH  
ANK GOD THAT LIFE IS SO LONG AN  
D THE CITY IS SO BIG I DONT TH  
INK ABOUT YOU TRY NOT TO  
THINK ABOUT YOU"



Better ask twice than lose  
yourself once.



9



Listen to yourself  
more often.

10

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You are unique,

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cancer risk

Rimmel Sexy Curves mascara 6.49

Your eyes have the ability to hypnotize a man

TV  
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Secrets

Cell phone use causes cancer.

Have a Coke  
and a smile.

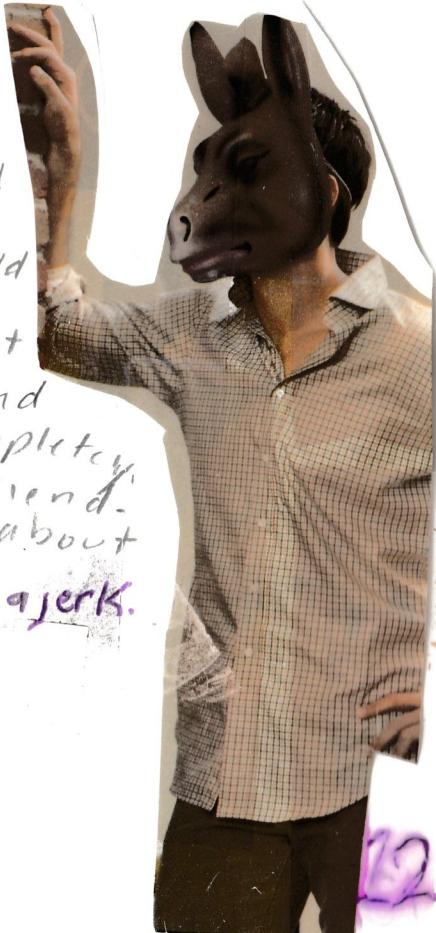
A good way to keep healthy is to  
eat more Chinese food



It's like digging a hole  
you can't get out  
if we all fall in it

advice for ladies:

hello, nice to meet you  
I'm going to hang out  
with you for months and  
get to know you some.  
then kiss you, and hold  
your hand sometimes.  
then I'll tell you I don't  
know what I want and  
stop talking to you completely.  
I won't even be your friend  
because I don't care about  
our friendship. I'm a jerk.  
Stop talking to me.



this is my attempt. my struggle.

to face myself.

have you ever went down a path that turned into a deep hole? I've got to climb out.... in case you haven't noticed... I've been sliding down this slope, and it only gets darker... but my heart still pulls towards life....

to be a better friend

to be who i want  
to know myself

to accept and love it

to not feel like a ghost or zombie walking around, please come out

"in my life, have seen - people walking  
the sea - just to find memories - plagued  
by constant misery - their cast down - I'll  
keep my eyes fixed on the sun  
Indeed - with eyes cast down - I'll  
its time for me to let go... shake me down... lonely times  
a lot of people left around..."

the past 3 months have sucked. but they  
have sucked because i have been sucking  
in my winter blues. gotta shake this off.  
I refuse to let 2027 be a complete waste  
of a year. which really just means i want  
to be less of a waste of a person. i can not  
control any one else's actions - but my own.  
13 I am going to try harder - I know i can  
do better.



the next zine will be full of lots of poetry and art from lots of different people hopefully ☺ send me your art to put in the zine at: 98 Douglas Ave  
Chillicothe, OH 45601 deadlines:  
March 14th 2027 14  
zinesplease@yahoo.com

branches swaying in the wind



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CHEERING  
AND WAVING  
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